




Drugs and alcohol didn't beat
me. Nicotine is a drug.

TOBACCO? I DON'T THINK SO.

 Mississippi
Leadership Academy
for Wellness
and Smoking Cessation
<http://msleadership.org/>

 THE UNIVERSITY OF
SOUTHERN MISSISSIPPI
Institute for Disability Studies


AA/EOE/ADA

Mississippi
tobaccoQUITLINE
1.800.QUITNOW
WWW.QUITLINEMS.COM  1.800.784.8669

**My anxiety
doesn't
control me.
Neither will
smoking.**



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I deal with depression
every day. I won't be
controlled by cigarettes.

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Drugs and alcohol don't control me. Why would I smoke?




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**Depression will not
rule my life.
Neither will smoking.**

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